



Agency

Competence 2 of 4

Lower secondary · ages ~12-15



WHAT IS THIS COMPETENCE ABOUT? The beliefs and self-regulatory behaviours that enable students to initiate, sustain and adapt purposeful action. It combines **curiosity, proactivity, resilience and self-efficacy** to turn intentions into meaningful action and contribute to sustainable, democratic change.



The student is able to...

OBJECTIVES

- Be open to new experiences to better understand what could be improved.
- Actively identify problems and develop solutions.
- Recognise gaps in their own knowledge and seek more information.
- Cope with setbacks while working towards positive change.
- Recognise their potential to create solutions.

ASSESSMENT CRITERIA

- Seeks new experiences (visits, events, museums) and spots areas for improvement.
- Identifies problems and knowledge gaps and works on solutions.
- Proposes actions and takes responsibility to follow through.
- Sets realistic goals and evaluates the outcome.
- Reflects on setbacks and expresses coping strategies.



The teacher is able to...

OBJECTIVES

- Encourage self-initiated projects.
- Facilitate activities around problem-finding and improvement framing.
- Design learning experiences that strengthen self-efficacy.
- Guide students in setting realistic goals.
- Support reflective dialogues after setbacks.

ASSESSMENT CRITERIA

- Leads projects that increase students' autonomy.
- Helps students develop skills to question their own knowledge.
- Supports the development of coping strategies.
- Strengthens self-efficacy through feedback.

Partners: Universidad de Burgos · HAMK · IPCA · Junta de Castilla y León · CFIE · Politécnico de Leiria · NHL Stenden · Howest · TUS

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